

Psicobiotics

Health benefits
on the Gut-Brain Axis

Procemsa
GROUP

Mental Calm
and Relaxation
against Stress



pro
BIOTIC mental care

10 Vials of 10 ml
with 3Phase Cap

A probiotic food supplement that acts on the gut-brain axis in a beneficial way, and it is **useful in relieving** from symptoms of **anxiety and stress**.

It is based on **Lactobacillus Plantarum P-8**, **Lactobacillus Paracasei Lpc-37** useful for the intestinal flora balance, and **Vitamins B6 and B12** useful to normal psychological function, hormonal activity and nervous system.

Griffonia and Lemon Balm contribute to normal mood, tone relaxation and mental well-being.

DIRECTIONS

Take 1 Vial of 10 ml a day.

USEFUL FOR:

- 1 Improve relaxation and normal mood
- 2 Health benefits in the Gut-Brain Axis
- 3 Normal functioning of nervous system

COMPONENT	AMOUNT per 10 ml	*NRV
Lactobacillus Plantarum P-8	1x10 ⁹ UFC	
Lactobacillus Paracasei Lpc-37	1x10 ⁹ UFC	
Griffonia d.e.	50 mg	
intake of 5-HTP	12,5 mg	
Lemon Balm d.e.	50 mg	
intake of rosmarinic acid	2 mg	
Phosphoserine	25 mg	
Glycerolphosphoryl choline	25 mg	
Vitamin B6	0,7 mg	50%
Vitamin B12	1,25 µg	50%
Inositol	10 mg	

*NRVs: Nutrient reference values