

synergy with the rhythms of your body. Based on 12 herbs in which scientific innovation, nature, technology and tradition come together in an effective, ready-to-use formulation, simply by dissolving the contents in a cup of hot water. Procemsa Group developed a new phytotherapeutic herbal formulation in liquid form ready to dilute. Safe and effective, it is based on a 12 herbs mix, which, in everyday life can be of great benefit, to those who feel a sense of anxiety and worry, lack of sleep, lose his temper and positivity facing small inconveniences, becoming apprehensive and distressed.

The titrated extracts of Hawthorn, Chamomile, Passionflower, Valerian, Escholtzia, Saffron, Linden, Lemon balm and Hop, wisely dosed, play an effective action in relieving stress, anxiety states, restlessness, and nervousness, contributing to relaxation, mental well-being and improvement of mood. Artichoke, Ginger and Worm wood are useful to supports the difficult digestive function, due to physical and emotional tension linked to anxiety states.

Naturally sweetened with stevia, there is no added sugars, no dyes, no artificial flavors and is gluten and naturally lactose free.

### Available: 300 ml bottle with measuring cup or Liquid Stick Pack

	er 100 ml per 100 ml	
Biancospino e.s - Hawthorn d.e.	750 mg	150 mg
Camomilla e.s Chamomile d.e.	750 mg	150 mg
Passiflora e.s Passionflower d.e.	1000 mg	200 mg
Valeriana e.s Valerian d.e.	500 mg	100 mg
Melissa e.s Lemon Balm d.e.	750 mg	150 mg
Zafferano e.s Saffron d.e.	150 g	30 mg
Carciofo e.s Artichoke d.e.	250 mg	50 mg
Zenzero e.s Ginger d.e.	175 mg	35 mg
Tiglio e.s Linden d.e.	250 mg	50 mg
Artemisia e.s Worm Wood d.e.	175 mg	35 mg
Escolzia e.s Escholtzia d.e.	350 mg	70 mg
Luppolo e.s Hops d.e.	250 mg	50 mg
*Valori Nutritivi di Riferimento		

\*Nutrient Reference Values

#### **DIRECTIONS**

It is recommended to take 20 ml diluted in 250 ml of hot water. It is recommended to take for 15 days, to be repeated as needed. It is recommended in the afternoon to enjoy a relaxing break or in the evening before bedtime as a warm herbal tea infusion that helps to relax and facilitates calm and physiological sleep without night waking up.

#### **USEFUL FOR:**

- Relieving stress, restlessness and agitation
- Promoting relaxation and mental well-being
- Improving your mood
- Supporting digestive function

### **BIBLIOGRAPHY**

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Rolland A, Fleurentin J, Lanhers MC, Younos C, Misslin R, Mortier F, et al. Behavioural effects of the American traditional plant Eschscholzia californica: sedative and anxiolytic properties. Planta Med 1991, 57(3):212-216

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Khazdair MR, Boskabady MH, Hosseini M, Rezaee R and Tsatsakis AM. The effects of Crocus sativus (saffron) and its constituents on nervous system: A review Avicenna J Phytomed. 2015 Sep-Oct; 5(5): 376-391.







Food supplement in liquid stickpack based on Melatonin and Passionflower, Escholtzia and Linden.



#### **USEFUL TO:**

Reduce the time required to fall asleep.



# **HAPPY MORNING** with SAFFRON & VITAMINS

Food supplement in liquid stickpack based on

Saffron, Matcha Tea, Guarana'. In synergy with Vitamin B1, B6 and Pantothenic acid.



#### **USEFUL TO:**

- 1 Promote **normal mood tone**
- Reduce physical and mental tiredness and fatigue.



# **IMMUNO** with REISHI

Food supplement in liquid stickpack based on Reishi (mushrooms), Althea, Echinacea and Zinc.



#### **USEFUL TO:**

- 1 Promote natural defenses
- Contribute to the normal function of the **immune system**



### **DIGESTIVE** with LACTOBACILLUS ACIDOPHILUS

Food supplement in liquid stickpack based on probiotic Lactobacillus Acidophilus and Fennel, Ginger and Green Anise.



#### **USEFUL TO:**

- Promote digestive function,
- Reduce bloating and gas
  - Regulate gastrointestinal motility.





